

*Trucker's Wellness Centers: An Update (Page 4)*

# HIGHWAY NEWS

— AND GOOD NEWS ONLINE

24-HOUR TRUCKERS PRAYER LINE 1-877-797-PRAY (1-877-797-7729)

Transport For Christ, International

January 2016

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## Our Readers Write



Dear Friends,  
I'm 89 years old, but some of my friends are truck drivers. I was a minister. Thank you for your great service to the Lord.

*Dean  
Mulberry, IN*

I really enjoyed church last night at Transport For Christ in Ontario, California. Chaplain Michael DeBay and his wife are beautiful, godly people. Wonderful Christian singers there last night; both sang great and meant every word that was sung. Great sermon, and the Holy Spirit was there. One soul was saved! Great service. Can't wait to see Michael DeBay, his wife, and their praise team again and worship Jesus. Great bunch of people, godly men and women. Love you all,

*Daniel, via Facebook  
Fontana, CA*

Hi, my name is Patrick. I so much love the *Highway News and Good News* that you have. It's a blessing to have the chance to read it....Please keep me in your prayers and I would thank you so much. God bless you all and keep the lights burning!

*Patrick*

### LETTER POLICY

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## A Word from Scott

Let me begin by saying we at TFC all hope and pray you have had a blessed Thanksgiving and Christmas season! It truly is a wonderful time of the year if we can keep our wits about us during the ever-increasing frenzy that has become the hallmark of the season.

Just take a moment to reflect on the events and the pace of your life over the past few months. You may have started out in low gear but quickly found yourself grinding into high. Just to keep pace with everything that went flying by you in every direction on the TV highway, the internet interstate, and all the back roads of advertising and buying, you had to keep your pedal to the metal and hope you didn't run out of fuel! All of the thinking, planning, listing, and buying not only define the season, but we allow it to define much of who we are.

Now it's January and, like most people, you've probably sat back with a deep sigh of relief. But what significance did everything really add to the value, the meaning of your life?

Let me suggest this as a good time to listen to the Teacher of Ecclesiastes. Long before we began facing the world and questioning the meaning of everything, including life itself; before we began defining meaning in life and in fact life itself by what we do, think, and own, the Teacher set out on a quest to discover the meaning of life and everything in it. He attempted in vain to find meaning in a busy life full of material wealth, learning, and pleasure. Fulfilling every possible desire and addressing every conceivable question, his conclusion was summed up in one Hebrew word, hevel, which literally means "a breath of air." Used in the context of his search for meaning, hevel describes everything he experienced on this earth as without substance and transitory.

Have you ever felt like the Teacher? Have you asked yourself what's the use or what does all this matter? Especially when times are tough! Join the mass of humanity...welcome to a fallen world separated from God and all the consequences of that condition.

Thankfully, hevel is not the only conclusion we can draw from the Teacher. First, he concluded that the best way to live this life in this world is to find joy in the things God has provided for us, such as family, food, work, and the world around us. Give that some thought...don't those things give you a deeper sense of lasting joy than presents under a tree?

But most importantly, the Teacher concluded that the single greatest thing we can grasp that gives meaning for today, tomorrow, and eternity, at all times and in all situations, is an appropriate fear of God...that is a reverence for God that gives Him preeminence in our lives because He alone knows the big picture.

Safe and meaningful travels,

# HIGHWAY NEWS

**and Good News Online**

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***On the Cover:***  
***An aerial view of the 2015 Truckers Parade Against Cancer in Phoenix, Virginia (that's right, Virginia!).***  
***Photo courtesy of Bo Dodd.***



## Transport For Christ...

*Leading truck drivers as well as the trucking community to Jesus Christ and helping them grow in their faith*

**I**n the March 2015 issue of *Highway News*, we introduced the why, what, and how of a new and unique effort to address the spiritual, behavioral, and physical wellness of professional truckers. If you are a regular reader of this magazine, you

“...have sinned and fallen short of the glory of God”! Jesus clearly understood the need to address the physical, emotional/ behavioral, and spiritual needs of people.

Therein lays our model for “...extending our tent pegs and expanding our territory...” By meeting the specific presenting need(s),

*same*. So, even though in the past our chaplains have done whatever they are equipped to do to meet the many needs of drivers, we are redesigning and developing new methods to meet the many challenges we face as a ministry bringing the Gospel into a changing, pluralistic, and increasingly difficult culture.

# Trucker's Wellness Centers

## An Update

by Scott Weidner

will understand that this initiative was born out of a desire to expand TFC's capacity to demonstrate the loving message of the Gospel to the drivers.

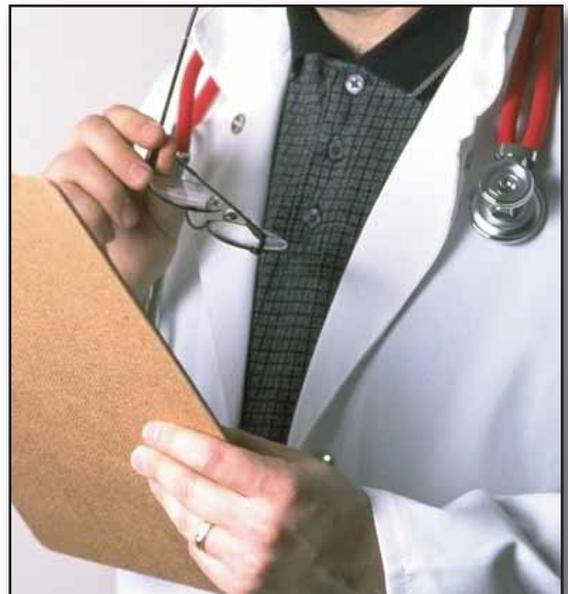
Because the message we bring is God's message, we looked to the Scriptures for a model and steps to follow. As we studied the Gospels, the model became evident as Jesus Himself demonstrated exactly what we should do.

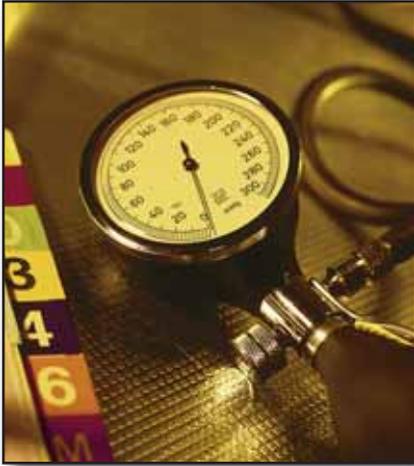
First, **He was often confronted with the needs of the physically impaired**. He healed the blind, lame, and afflicted, even to the point of restoring life to the dead. Second, **He was often confronted with the needs of the behaviorally impaired**. He cast out the demonic influences, and His words and His touch brought comfort and healing to troubled hearts and minds. Finally, and of ultimate importance and the very reason “the word became flesh,” **He was always confronted with the spiritual needs** of all who

Jesus had the opportunity to demonstrate the love of His Heavenly Father not only to the afflicted but to those observing. We believe it is also reasonable to conclude that in order to meet all these needs, Jesus had to be **accessible** to the people, **available** to the people, and **willing to meet the people's needs**. That means He was where He needed to be, when He needed to be there, and able to meet the needs as presented. One thread consistently ran through absolutely everything he did, the scarlet thread of redemption...the “already and not yet” kingdom of the God who desires “...that none should perish.”

That same thread has in the past and will continue in the future to bind together everything we do in our efforts to serve truck drivers. As we like to say, *the methods will change but the message remains the*

So, now, what scriptural process have we followed? If you look to Nehemiah, you will see the steps we have taken: he made his request known to God (we prayed); he got the endorsement of authority (we got Board approval); he made his evaluation (we have done our research); he made decisions, enlisted the necessary experts, and got to work (we have done the same).





From the onset of this initiative, we determined everything would be focused on the drivers. So, we met with and interviewed many drivers personally to help ensure that the information that drives our efforts is *by drivers for drivers*.

When we put all the prayers, research, assessments, interviews, meetings, professional advice, ministry experience, discussions over coffee, and more, together in an effort to fulfill God's call on TFC, what do we end up with? We believe we have the foundation for an innovative, integrated model for providing spiritual, medical, and behavioral health care for professional drivers across North America. It is innovative because it is a new approach to meeting the needs of drivers and their families. From the beginning rollout, we will be leveraging the ever-improving virtual technologies that will allow drivers to connect directly from our **Trucker's Wellness Centers** with chaplains, professional counselors, and professional medical providers; and to stay connected wherever they travel.

TFC will be converting its existing chapel locations to Trucker's Care Centers, as well as building new centers for new locations. The goal of the rollout program is to add five to ten new locations each year. The units will be much the same as our

present chapels but with an additional "mini-health clinic," updated technology, and other appearance changes. All of the changes and additions are designed to create a comfortable environment that all drivers will want to return to for their wellness needs. In a very real way, it will become their "health-care home."

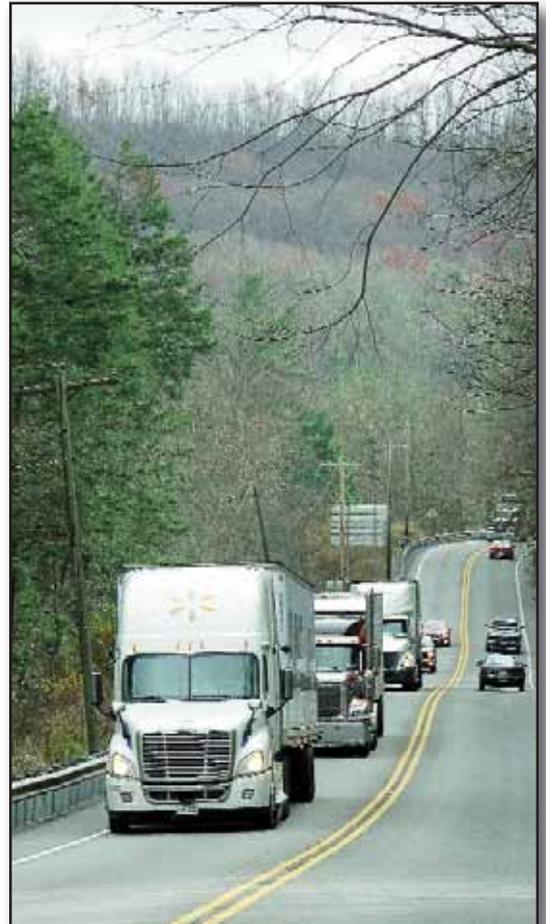
As program, locations, and financial development expand, we will be adding scheduling capacity for CDL physicals, random drug tests, prescriptions pick-up, and more. Drivers and their families will be able to access all our health-care services through a low-cost membership program.

The initiative is integrated because there are many individual components, each of which have a specific and limited function, but work together to produce one result—to significantly improve positive wellness outcomes for the drivers. That means we will be doing everything we can to help drivers reach the kind of personal, relational, and occupational excellence they want and deserve. A large and growing body of evidence predicts that the results of personally, relationally, and occupationally maximized drivers significantly improve their sense of self-worth and dignity; family, social, and professional relationships; and overall job performance and satisfaction. That is what we want to help develop for all truckers!

At the same time, some traditional aspects of TFC will remain the same, others will be modified, some changed completely, and still others added. Space does not allow

me to enumerate the details. However, I am compelled to tell you this: *the chaplains, volunteers, staff, and supporters of TFC are more vital to this mission now than ever before!* TFC and its chaplains are the reason and the foundation for everything we are doing, just as they have been since 1951! The modifications, changes, and additions are all designed to assure the sustainability of this ministry until the Lord returns.

It is often said that the path of least resistance is seldom the path of greatest impact. We have chosen a path that seems to offer resistance of different kinds at every step. However, what we have found is that the Lord has seen fit to provide affirmation through His people. Please join us with your prayers and support for what we believe is a new and exciting ministry journey. ☺



# CHAPLAINS' LOGS

True Stories of God's Amazing Grace

**Excerpts from the daily logs of chapels across North America. See page 15 for a list of chapel locations.**

◆ **God's schedule for chapel's availability is perfect**

Today was a quiet day at the chapel. After eating breakfast at the restaurant and then doing some reading in the chapel, I thought about leaving around 9:30 PM, but driver Gene came in at 9:00 PM. He said he felt called to come in as he walked by and wanted to spend some time in prayer. He also was looking for some materials to take along and a larger-print Bible. Thank You, Lord, as Your timing was perfect. *Chaplain Tom*

◆ **Chapels can be many drivers' only church**

Driver Chris stopped by today. He is a fellow believer, and we had prayer. He also said that he appreciates our being here and the work we are doing. He shared that he went to church at one of our chapels yesterday! *Chaplain Richard*

◆ **Truth from Scripture leads driver to pray the sinner's prayer**

Driver Troner came in with a troubled heart. We talked for about an hour and I read to him from John 14:1-6 and Luke 16:19-31, after which he was ready to pray the sinner's prayer. *Chaplain Raymond*

◆ **What does it mean to be born again? A driver learns and prays.**

Michael was raised in a church but had been disillusioned for a long time. During the pre-service conversation he asked what being born again meant. I asked him to listen to the sermon and that I would answer any further questions at the end. At that time I explained the sinner's prayer and he said he wanted to pray that prayer. *Chaplain George*

◆ **Chaplain's prayer for married couple helps relieve troubled relationship**

A husband and wife stopped in today. They were having problems that were causing both lots of stress. I had a Bible study with them, talked, and had prayer with them. They said they felt a lot better when they left. *Chaplain Ed*

◆ **New route will prevent driver from visiting chapel, but God will be with him**

Driver Dale came to tell me that his route would be changing and that he would not be able to stop anymore. He assured me that he is able to live a more victorious life over pornography, and his life at home is much better. We prayed with him, thanking God for the change and asking Him for continued protection. *Chaplain Len*

◆ **Driver is grateful chapel was placed at truckstop**

Darrel was in today thanking me that we put in a much-needed chapel at this location. He was in a big hurry but said that the Holy Spirit would not let him leave until he came to the chapel to encourage me and to pray with and for me. God bless this man! *Chaplain Sam*

◆ **Driver in training finds chapel through *Highway News* listing**

Lisa had called in last evening, asking about services here at the Gateway. She lives in Council Bluffs and picked up a *Highway News* and found us in the listings in the back page. She is getting a lifelong dream come true by going to school to drive truck. Lisa and her daughter joined Laura and me for the mid-week Bible study this evening. What a joyful time we all had in the Holy Word of God. *Chaplain Dave*

◆ **From hope to assurance**

Anthony came into the chapel for the 7:00 PM service. While we were talking and getting acquainted, I asked him if he had the assurance of heaven when he died. He could only say that he hoped so. As we continued our conversation, he said that he never would go forward for an altar call. He also shared many things that had happened in his life recently and felt that God wanted him to go to the chapel service. I asked him if I could share some Bible verses so that he could know how he could be sure of heaven and he said that he wanted that. I used the *Sharing Jesus Without Fear* Bible and after working through seven verses, Anthony was ready to do business with God. We prayed and he invited Jesus to come into his life. *Chaplain Peter*

# GOOD NEWS FOR YOU

## A Resolution that Doesn't Depend on You to Keep

It's January. Christmas is over, the tree is down, presents have been put away (or exchanged), wrappings have been discarded, and one hopes all the left-overs have been eaten or otherwise disposed of. Now, out comes that old stand-by of every New Year: that dreaded "New Year's Resolutions" list—again. If you're like most people, these resolutions will be set aside, forgotten, by the third or fourth week of January (or with the spring thaw, if you're really disciplined).

Let's face it, by Valentine's Day, most of us won't even remember what our New Year's good intentions were. Well, we probably remember the traditional ones—lose weight, exercise—with the traditional tinge of guilt, especially as we look at that box of Valentine's Day chocolates...So, why do we make "New Year's Resolutions" at all? Could it be that we do it because, deep inside, we all have the desire and hope for a new beginning—a chance to erase past mistakes and start a "new page" with fewer failures, fewer mistakes, fewer frustrations?

Well, you know something? You can have a true new beginning—any time of the year. No need to wait for January! Whenever or wherever you are reading this, you can start your life anew today. This new beginning is hinged, not on a list of resolutions or things to do or to avoid, but on a Person. "Therefore, if anyone is in Christ, he [or she] is a new creation; old things have passed away; behold, all things have become new" (2 Corinthians 5:17 NKJV).

This January, I invite you to make a resolution that will still hold true come next December 31 and every day afterward—and for all eternity. Because keeping that resolution does not depend on you, but on Someone who is true and trustworthy, Someone who will never fail, and who will never leave you nor forsake you. Open your heart to Jesus. Receive Him as your Savior and Lord today. With Him, every day can be a new beginning. ☺

### ❖ Don't Postpone It ❖

## Make a Resolution that Will Last Forever!

- ☑ Believe in Jesus for the forgiveness of your sins and for eternal life.
- ☑ Confess Jesus as your Savior and Lord and turn from your sins.
- ☑ Pray this prayer: "*Lord Jesus, I know that I'm a sinner. I believe that You died on the cross and shed Your blood to pay the penalty for my sins. Please forgive me and come into my life. You are my Savior and Lord.*"

Easier said than done? Stop by a TFC chapel (listed on page 15), call a chaplain for more guidance, or call the toll-free prayer line, 1-877-797-PRAY (1-877-797-7729).

- ☑ On the back of this magazine is a coupon to send to us if you have prayed this prayer. We will send you a Bible study designed for truckers, to help you in your new walk with Christ.



*"I said to the man who stood at the gate of the year: 'Give me a light that I may tread safely into the unknown.' He replied, 'Go out into the darkness and put your hand into the Hand of God. That shall be to you better than light and safer than a known way.'"*

*~ M. Louise Haskins ~*

# A Little Town with a BIG Heart Plays Host to TPAC

By Donald Hollinger

I am sure most of our readers have never heard of the town of Phoenix, *Virginia*; it's one of those towns which if you blink while driving through, you might miss it. Located in Charlotte County, about forty miles southeast of Lynchburg, it had a grand total of 226 residents as of the last census.

However, if you happened to drive through town on October 10, 2015, you would have been shocked to see a parade of 185 beautiful trucks. They were there for the annual Parade Against Cancer, which began in 2000 with the goal of raising \$10,000; forty trucks participated, and their fundraising goal was reached. With continued growth through the years, in 2014 they raised \$83,000; and this year, with an attendance of 185 trucks, more than \$104,000 was raised for the American Cancer Society.

It all started when Sheila Jones lost her mother to cancer in 1997. She soon became active in the American Cancer Society's Relay for Life. It wasn't long until she started brainstorming new ways to raise money. Since many in her family were involved in the trucking industry, including her husband, Darrin, together they came up with the idea of a Relay for Life Truckers Parade, and out of that Truckers Parade Against Cancer (TPAC) was born.

About 80% of the truckers who attended are log haulers (log hauling is a major business in that part of Virginia). This year there were also several beautifully restored antique trucks, most from the Keystone Truck and Tractor Museum in Colonial Heights. The trucks began to roll in as early as 8:30 AM, and the parade left at 3:00 PM, and proceeded 35 miles through this rural part of the state.





Since most people who participate each year have a loved one who passed away from cancer, each truck has a banner honoring the name of that loved one. Drivers or the company they drive for donate \$250 for each banner, and some trucks display more than one banner. In fact, anyone who would like to memorialize a family member can sponsor a banner and get a trucker to display it on his or her truck; this is the way most of the funds are raised.

~ Continued on Page 10



*Opposite page, top:* A helicopter hovers above the parade, carrying winners of the auctioned ride.

*Opposite page, middle:* A handsome Western Star displays two banners.

*Opposite page, bottom:* The parade is a big event in the sleepy little town; here trucks drive by Sheila Jones's home.



*This page, top left:* Parade organizer Kermit Jones with Peggy Thorpe next to the banner honoring her husband.

*This page, middle left:* Sheila Jones stands with her Dad and her family next to the truck honoring her mom.

*This page, bottom left:* Debrah Hamlett kneels with her granddaughters in front of her son Anthony's truck; standing behind her are Anthony and his wife.

*This page, top right:* There were many beautifully restored antiques, like this Diamond T.

~ Continued from page 9

However, many just donate funds to the event, like Abilene Motor Express, which donates \$100 for anyone who will have their head shaved (a “barbershop tent” is set up for that). At the 2014 event alone, head-shaving raised \$5,100. They usually also have a small auction, and this year there was a helicopter on the grounds and rides on the chopper were auctioned off.

Besides the auctions, there were other activities happening under the big tents; they had face-painting and pick-your-own-pumpkin-and-paint-it for the children, a live band, and plenty of very good food (I can testify to that!).

I want to thank Sheila for the great job she does pulling this off each year and for the help getting this article together. I also know she would say she could not do it alone; she has about forty volunteers who help each year. One of those volunteers is Kermit Jones, a salesman for Virginia Truck Center, who helped to organize the first parade and has done that ever since, and was also a big help with this article.

If you would like more information, visit their website at [truckersparade.com](http://truckersparade.com). ☺

***Right:*** In the “barbershop tent” some brave souls got their heads shaved, securing a \$100 donation from Abilene Motor Express.

***Bottom::*** Another aerial shot courtesy of Bo Dodd.





***Top and Middle:**  
Two handsome  
Kenworths  
hold their own among  
many Western Stars.  
The middle one was  
the only trailer in the  
parade.*

***Bottom:** One of many  
Western Stars at the  
parade—loyal cus-  
tomers of parade  
coordinator Kermit  
Jones.*



# Waiting on Tiptoes

The whole creation is on tiptoe to see the wonderful sight of the sons of God coming into their own. The world of creation cannot as yet see reality, not because it chooses to be blind, but because in God's purpose it has been so limited—yet it has been given hope. And the hope is that in the end the whole of created life will be rescued from the tyranny of change and decay, and have its share in that magnificent liberty which can only belong to the children of God!

As I open the door, no furry body comes bouncing down the steps, his loud meows of welcome letting me know he's glad I'm finally home. In the evening, work at the computer is accomplished without interruptions because there's no furry bodyjumping on the desk and walking across the keyboard, signaling it's time for a break. The sweet creature who, for almost fifteen years, gifted me with unqualified love and acceptance is gone. His brother walks around the house, looking for him and then looking at me with uncomprehending eyes. "What happened to Tim?" he seems to ask.

It wasn't intended to be so in the original order of things. God created a perfect world, where joy and harmony reigned and where little children weren't supposed to starve, floods and fires didn't devastate lands and lives, and where, I am sure, well-loved animals were never supposed to die of tumors. But something happened. Man, who was supposed to rule over creation under the lordship of the Creator, chose to disobey the Creator and thus brought sin, destruction, death and decay on a perfect world. (I find it amusing that insurance companies call natural disasters "acts of God." They should much more appropriately be called "acts of man." They're all results of man's disobedience!)

But the Lord tells us that someday all this will change: "The wolf will live with the lamb, the leopard will lie down with the goat, the calf and the lion and the yearling together, and a little child will lead them...They will neither harm nor destroy on all my holy mountain, for the earth will be full of the knowledge of the Lord as the waters cover the sea" (Isaiah 11:6-9).

That's the "new earth" of which we read in the closing chapters of the Bible, the world the Apostle John saw in his vision when he cried in exultation, "Then I saw a new heaven and a new earth, for the first heaven and the first earth had passed away" (Revelation 21:1).

Yes, the Bible tells us that someday all the decay of this old earth will pass away and creation itself will be redeemed from the curse brought on it by man's sin. The Apostle Paul tells us in Romans 8 that "the creation waits in eager expectation for the sons of God to be revealed. For the creation was subjected to frustration, not by its own choice, but by the will of the one who subjected it, *in hope that the creation itself will be liberated from its bondage to decay and brought into the glorious freedom of the children of God*" (Romans 8:19-21, italics mine). One rendering of that verse says that cre-

ation is "waiting on tiptoe" for the fulfillment of man's redemption, when creation itself will be redeemed from the curse, as we read in J.B. Phillip's version (The New Testament in Modern English, verse 21, at the head of this article).

What a wonderful hope this scripture gives us! My question is, can you claim that hope? The joys of the new heaven and the new earth are reserved for those who have made the choice to turn to Christ for forgiveness, justification and redemption. Those whose souls He has redeemed will one day have the supreme joy of looking into His face and be welcomed into His kingdom—that glorious new heaven and new earth He has reserved for His children. Where all tears will be wiped away from our eyes and all sorrows, great or small, will be erased. And where there will be no more goodbyes.

And I'd like to think that maybe, just maybe, there will be one small added joy reserved for me in that new earth, and that one day, as I am walking down those streets of gold, I'll look up and see in the distance a couple of furry bodies bouncing down some cloudy stairs, hollering their welcome in loud meows—letting me know how glad they are I'm finally Home. ☺

# Respect Should Be A Way of Life

God takes particular pleasure in acts of worship—a different kind of "sacrifice"—that take place in kitchen and workplace and on the streets.  
Hebrews 13:16 The Message



# **MORE FROM THE FRONTLINES**

More True Stories of God's Amazing Grace

## **From the logs of the Omaha Chapel**

- ◆ Tim came by to share some encouragement and joy in Christ. It is his habit to stop at this chapel though he doesn't get here often. We all had a great time sharing and witnessing about our Lord and Savior Jesus Christ.
- ◆ Caught up with Steve and Fred in the café. Julie, the waitress, needed some encouragement as she was the only staff and got slammed with customers and had a difficult time keeping up. I think the three of us helped to bring her some joy and lightened the evening.
- ◆ Met with Dorothy for coffee this forenoon. Dorothy used to work here at the truck plaza, and we were able to counsel her as she was going through a bad divorce and some real bouts of depression. Dorothy came out to see some of her former fellow-workers and again thanked me for the tough times we were able to help her through.
- ◆ It was good to see Marlin again. He has had tough year. He lost his wife about 8-9 months ago, and just recently he lost his step-son, both to cancer. He was feeling a bit low when he stopped in so after conversing awhile, I lead us in a prayer asking God for strength to get through it all. Marlin felt much better when he had to leave for the west coast.
- ◆ Tim came by to share some encouragement and joy in Christ. It is his habit to stop at this chapel though he doesn't get here often. We all had a great time sharing and witnessing our Lord and Savior Jesus Christ.

## **Report from the Bloomsbury (NJ) Ministry Center by Chaplain Dick**

Our encounters with drivers at the TA Travel Center Bloomsbury, New Jersey, are often so unique and interesting! Each time we are there for the church service on Sunday, we come away praising God for the blessing of being able to share the Gospel and pray for the many needs we hear about. One such incident happened about three weeks ago.

A woman driver was out in the lot helping another driver with his truck. I gave them each a copy of *Highway News and Good News* and invited them to the service in the lounge. The woman did come in; after the service was over, she came to us and said she needed prayer for feelings of fear she had been experiencing for eleven days. She began to relay what happened eleven days earlier.

While driving down a highway, she ran into a bad storm. As she finished rolling up her window, a bolt of lightning suddenly hit the hood of the cab and scared her so much she said she could not stop shaking. She envisioned herself going over a cliff, and she cried out, "I don't want to die this way!" When she regained her composure, she drove to a nearby diner for some breakfast. When she went in, there was an older gentleman sitting close by and she began to tell him what had just happened to her. His reply was certainly timely.(perhaps an angel unaware?). He said to her, "I think God is trying to get your attention and this is a wake-up call!"

She told us she had not been in church for five years, and that the last time had been for her uncle's funeral. As we asked more questions, she said she had never invited Christ into her life. So Chaplain Ken (who was there with me) led her in the sinner's prayer and she gave her life to the Lord. She joyfully hugged us all as tears rolled down her cheeks. We all came away rejoicing in what the Lord had done and praising Him with the angels over one more sinner who repented (Luke 15:10).

# **MORE FROM THE FRONTLINES**

More True Stories of God's Amazing Grace

## **From the logs of the Woodstock Chapel**

- ◆ I opened up the chapel and only minutes later two visitors arrived, an older lady and a young gentleman. They came to check it out; they had heard of TFC years ago but had never even seen a chapel. They had a few questions and we gave them some information, a prayer card, and other materials, and prayed with them. Then driver friend Wayne arrived; he always comes with great thoughts and encouragement.
- ◆ Driver Dale stopped by. He has been fighting an addiction to pornography, and it has really hurt his marriage. I have been spending time with him, and some time ago gave him a package of helpful material about breaking the bonds of addiction. He came in today to thank us for being here when he much needed help, then read his covenant for us; we followed that with a time of prayer. His pastor is also helping him, and his home life has become much better.
- ◆ We were blessed with three drivers in for the morning worship service—one from Pennsylvania, one from Mexico, and one from Ontario. All of them were born-again believers in Christ. What a wonderful time of worship and fellowship we had. It was so encouraging to see drivers from different parts of the world, yet one in the Lord.
- ◆ Our day was quiet up until I went into the Plaza, where I met a few regulars and some not-so-frequent visitors; it was a good time. It is so encouraging when these guys tell you how much they appreciate someone being in the chapel when they get here!
- ◆ We closed at 5:00 PM, when I left for a monthly secular meeting where I say grace for the meal; it is becoming a ministry. This is a group of trucking maintenance managers and other folks involved in service to truckers. They also ask me to pray for their families when they lose a loved one. They also donate to our Christmas stockings project, and this year was no exception. The attendance is usually approximately 100 people.
- ◆ An American driver Jozetta arrived and her opening words were, “oh its so good to find an open chapel with someone in it.” We listened about her and the issues with him, so we prayed with her especially for that. An hour or so later she came tell us that things had improved.
- ◆ A driver came in to thank us for helping him decrease his hours of pornography. Says he feels and sleeps better. His whole life has changed and he's been able to become honest with his family (PTL). We had given him some reading resources, a NT and “breaking the bonds covenant.”
- ◆ Then Steward arrived and the good Lord told me he was heavy with something. When he requested a message from God's Word, I shared from it then asked whether I could help. He opened up. He got himself in trouble at home and has to be in court tomorrow. After sharing I prayed with him asking God to be with him. He thanked us for being here.

## **From the logs of the Lodi Chapel**

- ◆ Had a driver come in wanting to know how to strengthen his faith; we had a good Bible study about it, then had prayer.
- ◆ Tim stopped and got the greatest gift of all: eternal life with Jesus Christ. He prayed the sinner's prayer with me and accepted the Lord as his Savior.
- ◆ Driver CJ came in. He is a new driver out here and wanted to check out the chapel. His wife at home has relapsed with drugs and he's looking for some answers. We prayed together and he said he definitely needed that.
- ◆ Cory, who was on earlier in the day, was back for Bible study. It was encouraging to see his faith and love for the Scriptures and applying it to his life.
- ◆ One man stopped in today, said he had a brother and a nephew dying of cancer. He was really stressed. We studied some Scriptures about handling stress, then prayed together. He said he felt less stressed when he left.
- ◆ Lee's heart was heavy for his young nephew who last saw his father leaving for the hospital where he passed away. After he shared, I prayed for him and his family. He is a believer and just needed someone to talk with to share his hurt.

# Can You Guess This Truck?

Send guess to [editor@transportforchrist.org](mailto:editor@transportforchrist.org).  
Answer in next month's magazine.  
December's "Guess Truck" (below) was a 1979 White.



Photos by Donald Hollinger



## HONOR AND MEMORIAL GIFTS

*IN HONOR OF DOUG & ELLEN KRAUS  
IN APPRECIATION FOR THE WORK IN OCALA, FLORIDA*

By Mr. & Mrs. Donald L. Kerkman

*IN MEMORY OF JIM REIGEL*

By Charlie & Dolores Cohick  
Ellen & Karl Forsythe  
Alfred & Barbara Gabel  
Glenn Gautsch  
Donald & Nancy Goss  
Richard & Violet Longenberger  
Jerry & Janice Moore  
Ron & Martha Perry  
Timothy & Judy Renno  
Phil Saunders  
Laurie Shrawder  
Eric Stahl

*IN MEMORY OF JOHN PLATT*

By Spring Valley Fellowship Bible Study Class

*IN MEMORY OF GRAYSON PHIRI*

By Murray Scott  
Kevin & Lisa Scott  
Dennis Finnamore

*IN MEMORY OF PELMA SHOREY*

By Winston & Linda Nowlan

*IN MEMORY OF RALLYN VAN BEEK*

By William & Mary Schoep

*IN MEMORY OF JOHN VANDERWAL*

By William & Crystal Fles

*IN MEMORY OF DON YOUNGLOVE*

By his wife, Rowena Younglove

*IN MEMORY OF MELVIN MAST*

By Ruth Burkholder



**Don't Be a Stranger!  
Join Us at a TFC Event!**

**January 29-31 ❖ TFC at MissionFest Vancouver:** Vancouver Convention Centre, 99 Canada Place, Vancouver, BC; for information call Paul Cairns at 604-853-4835 or Dennis Finnamore at 506-612-0712.

**February 5-7 ❖ TFC at MissionFest Manitoba:** Church of the Rock, 1397 Buffalo Place, Winnipeg, MB; for information call Dennis Finnamore at 506-612-0712.

**February 19-21 ❖ TFC at MissionFest Alberta:** West Edmonton Christian Assembly, 6315-199 St., Edmonton, AB; for information call Dennis Finnamore at 506-612-0712.

**And for those who  
may be in Florida on  
Saturday, January 16:  
Come help celebrate  
the dedication  
of the Ocala Chapel!**

**1:00 PM ❖ Open House:** see the chapel, enjoy the music ministry of SG Trio, sample snacks and drinks, and interact with Lead Chaplain John, TFC President Scott Weidner, and TFC Director of Pastoral Care for Chaplains Bunny O'Hare.

**3:00 PM ❖ Chapel Dedication**

**Sunday, January 17, 10:30 AM** at Living Hope Community Church - Commissioning of Chaplain John with Chaplain Bunny O'Hare officiating.

**PLEASE CHECK ONE**

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01/16

~ Drivers Wellness Focus ~  
**A New Year - A New You!**

By Jane Evans

**A** new year occurs every 365 days (or 366 in 2016, which is a leap year). Those days comprise 24-hour days equal to 8,784 hours in a leap year, or 525,600 minutes (525,040 in regular years). And what is the columnist trying to say with all these numbers?

Simply, that you can change your life in just a few minutes a day. We start the New Year with lofty resolutions; in a few weeks most of us have totally tired of the new lifestyle and gone back to our old, comfortable ways. A habit takes approximately thirty days to become a routine. If we use small steps and ease into new habits, we will be more successful in making changes. Here are a few small changes you can try to improve your health during the New Year.

#### **Reducing Risk Factors for Heart Disease**

Fat around the waist increases your risk for heart disease and Type 2 diabetes. The risk goes up with a waist size that is greater than 35 inches for women or 40 inches for men. Assess your risk by measuring your waist. Stand and place a tape measure around your middle, just above your hipbones. Measure your waist just after you breathe out.

An initial goal of reducing your baseline weight by 10% is a start. For instance, if you weigh 250 pounds, aim to lose 25 pounds. Then use a combination of reduced calories and increased activity to continue weight loss and maintain a healthy weight. If counting calories seems too much trouble, try food substitutions. An online search should give you guidance in this area; or you could check books like *Eat This, Not That*, a book of simple food substitutions that will help you eat better and feel fuller. It's a lot easier to switch out an item or two from your meal than it is to figure out calories and portion size.

#### **Exercising for Health**

No question about it, movement is good. In terms of health, sitting is actually referred to as "the new smoking." And we know drivers sit for many hours a day. Take small steps to get the blood pumping and stretch your muscles. When you are parked, try flexing your feet by pumping up and down or alternating heel to toe. That moves blood throughout your lower extremities and

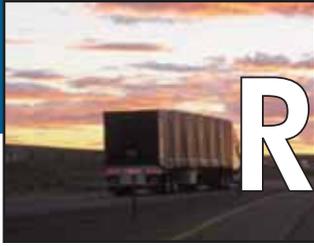
helps prevent blood clots. When fueling the truck or taking a break, work the large muscles in your hips and thighs: march in place, lift your knees up as high as you can, do some squats and toe raises. This helps loosen your hip flexors and stretches the muscles that become shortened from sitting too long. Take a brisk walk around the lot after a meal. Even little changes like this are better than nothing at all.

#### **Reducing Stress**

One of the most stressful things is holding onto a grudge. A grudge can be a small item like someone said something that was not very kind or a major grudge like someone physically harmed you or a loved one. Whatever the size, forgiveness is critical to your health and wellbeing. Grudges can cause physical symptoms and do nothing to erase what was said or done by a person. Letting go has a positive effect on your mental, social, and physical health. According to *The Washington Post*, one study found that people who are more forgiving feel like they are carrying less weight. Forgive the person who wronged you and then your mind has room to focus on something positive. Remember Colossians 3:12: "Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

Never forget to take small moments in your day to visit with God. Take a minute to look at the sky and thank God for the beautiful sunrise or sunset, that reminds us of the beauty God has placed on earth. Look at the birds...they do not worry about what to eat or what to wear...they simply enjoy the bounty provided for them. Find small things that you have taken for granted and give thanks. Quiet your thoughts for a moment and let the stresses of the day fade away. Know that God is present. Be thankful for the day and say a prayer of gratitude for having been given your daily bread. Pray for others and then ask God to watch over you as you sleep. Your night will be more peaceful and you will be refreshed when you awaken the next day.

Try these three small things each day for a month. After a month they should become good habits. Practice them and you will find yourself in better health. ☺



# RAMBLER

by Gary Nussbaum



## Ready for 2016?

**W**e mark time by seconds, days, and eventually centuries, as we look at the past and into the future. We all live one day at a time. Days add up to months and then a year, a decade, a century, and then what? Probably the most important detail to remember is that God established time and the length of man's life, including the life cycles of all He created. As there is life, there is death. The Apostle Peter, writing to the persecuted Jewish believers scattered across the various provinces of Asia, reminded them of the words of the prophet Isaiah written to the Jewish nation years before: "All men are like grass, and all their glory is like the flowers of the field; the grass withers and the flowers fall, but the word of the Lord stands forever" (1 Peter 1:24-25).

Do I evaluate each day for the purpose of moving forward? Do I consider the small things I do or don't do which eventually affect my future? I may put off for tomorrow what I should be doing today and soon the tomorrows become weeks and weeks end up looking into the face of next year. The mistakes and choices made or the things I failed to do generate feelings of regret with a determination to change. If we would take inventory of our lives each day rather than once a year would there be the great struggle we always seem to face at the end of each year?

What does this next year hold for you? Last year is past. We have new hope for ourselves, family, a better world, and the list goes on. Or do we? Some may rest their hope on the next presidential election or someone who has the answer to the growing threats of terror surrounding us. However, as followers of Jesus Christ we must not be seized by fear and forget our mission.

History repeats itself by ignorance or design. The writer of Ecclesiastes reminds us, "What has been will be again, what has been done will be done again; there is nothing new under the sun" (1:9). What does that mean for you as you step forward into 2016? Writing to Timothy, Paul encouraged him to be faithful, knowing the kind of opposition to the message of Jesus and the Gospel he would

face: "For God did not give us a spirit of fear [timidity], but a spirit of power, of love and of self-discipline" (2 Timothy 1:7). He summed it up a bit later in 2 Timothy 2:11-13 with these words: "Here is a trustworthy saying: If we died with him, we will also live with him; if we endure, we will also reign with him. If we disown him, he will also disown us; if we are faithless, he will remain faithful, for he cannot disown himself."

Jesus encouraged the people in Matthew chapter 6, "And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith? So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' For the pagans run after all these things, and your heavenly Father knows that you need them. But first seek his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each has enough trouble of its own" (Matthew 6:28-34).

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world" (John 16:33).

God has not given us a spirit of fear but the promise to never leave us or forsake us in 2016. ☺

*Gary Nussbaum is Director of Follow-up Ministries for Transport For Christ*



# GREEN ONION



by David Roberts

## Have You Made Your Choice?

Hey, Green Onion,” said Hog Caller, “I met this transient at the Bloomsbury truckstop in New Jersey and we got to talking. He had the worst childhood I have ever heard of.” “Yeah, Hog, I know him,” said Green Onion. “He is Mr. Sad Beginnings. After I heard his story I told him all about my youth, and he felt so sorry for me that he bought me breakfast and gave me \$20 for the road!”

We all have a story, but we shouldn't use it as a con or an excuse to act like a victim. Real history is His Story. How an eternal, almighty, holy, and loving God created the heavens and the earth. As the hymn says, *“All things bright and beautiful, all creatures great and small, all things wise and wonderful—the Lord God made them all.”* Then God made a mud pie out of dirt and breathed into His new creation and Adam became a living soul. The Bible says that Adam walked and talked with God in the cool of the day. Then while Adam was put into a deep sleep, God took a rib from his side and made him a help-mate, a beautiful woman, and they became one in mind, spirit, and body to produce godly children.

But God didn't make them robots. No, when the Great Designer made our first parents, He declared His creation was “very good.” Our precious God had only one requirement—that was for them to love and obey Him with all their heart and enjoy all His trees and the delicious fruit in the paradise garden. All but one: “But of the fruit of the tree which is in the midst of the garden, God hath said, ye shall not eat of it, neither shall ye touch it, lest ye die” (Genesis 3:3 KJV).

Now Eve should have known within her conscience not to listen to the serpent when it approached with the Big Lie, telling her, in not so many words, “You won't die, Eve! You will thrive and be like God Himself.” But that was not the first sin; the first sin that occurred in the Bible was when Satan tried to overthrow God in rebellion and was thrown down out of heaven to the earth. “How art

thou fallen from heaven, O Lucifer, son of the morning! How art thou cut down to the ground, which didst weaken the nations! For thou has said in thine heart, I will ascend into heaven, I will exalt my throne above the stars of God: I will sit also upon the mount of the congregation, in the sides of the north” (Isaiah 14:12-13 KJV).

Jesus said the thief (Satan, our adversary) “cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly. I am the good shepherd: the good shepherd giveth his life for the sheep” (John 10:10-11). God killed the first animal in the Garden of Eden and clothed Adam and Eve. Instead of their dying for their sins, God used a substitute. In Exodus 12, God told Moses to have the Israelites kill a lamb and smear the blood of that lamb on the outside posts and doors so when the angel of death came he would see the blood and pass over them. God's people continually brought animals to sacrifice until the Lamb of God came. When John the Baptist saw Jesus, he said, “Behold the Lamb of God, which taketh away the sin of the world” (John 1:29 KJV). Remember the old hymn? “What can take away your sin? Nothing but the blood of Jesus. What can make you whole again? Nothing but the blood of Jesus!”

“Choose this day whom you will serve,” Joshua exhorted the children of Israel; then he continued, “as for me and my house, we will serve the Lord.” I join Joshua in saying, as for me and my family, we choose to serve and follow Jesus Christ. How about you? You may have had a sad beginning, but your future is up to you. ☺

*Green Onion*

*David Roberts is Chaplain Emeritus  
with Transport For Christ*

# CHAPEL LOCATIONS

## CANADA

### ALBERTA:

**Sherwood Park**, Roadking Travel Centre, Yellowhead Trail & Broadmoor Blvd., *Chaplain Heinz* 587-988-1539

**Calgary**, Roadking Travel Centre, 4949 Barlow Trail

### BRITISH COLUMBIA:

**Chilliwack**, TransCanada Truck Stop, Lickman Rd. & Hwy #1, Exit 116, *Chaplains Paul & Gerrit* 604-217-2197, 604-308-4225

### NEW BRUNSWICK:

**Salisbury**, Salisbury Big Stop, TCH Route 2 & Route 112, Exit 433, *Chaplain Paul* 506-866-1737

### ONTARIO:

**Woodstock**, 230 Travel Plaza, Hwy 401, exit 230, *Chaplain Len* 519-539-2137, 519-536-6045

**Pass Lake** (Thunder Bay), Flying J Travel Plaza, 3200 Hwy 11/17 @ Hwy 587, *Chaplain Sam* 807-707-4009

### QUEBEC:

**St-Liboire**, Irving Big Stop, Hwy 20, Exit 145, *Chaplains Claude & Jacques* 450-924-1382, 450-261-6923

## UNITED STATES

### CALIFORNIA:

**Ontario**, TA Travel Center West, I-10 & Milliken Ave. Exit, *Chaplain Michael* 909-390-3617

**Sacramento**, 49<sup>er</sup> Travel Plaza, I-80 & I-5, W. El Camino Exit, *Chaplain Rick* 916-568-6320, 208-720-1498

### COLORADO:

**Denver**, Sapp Brothers Truck Stop, I-70, Exit 278, *Chaplain John* 720-810-0430, 720-281-5556

### FLORIDA:

**Ocala**, Pilot Travel Center, I-75, Exit 358, *Chaplain John* 352-286-5494 *Breaking News: Chapel on site now!*

**Wildwood**, The Chrome Shop, I-75, Exit 329, *Chaplain Doug* 262-751-1002 (*Ministry inside the store*)

### GEORGIA (both locations: ministry inside the truck stop):

**Brunswick**, Flying J, I-95, Exit 29, *Chaplain Joe* 912-222-6922

**Brunswick**, TA, I-95, Exit 29, *Chaplain Joe* 912-222-6922

### ILLINOIS:

**East St. Louis**, Pilot Travel Center, I-55 & I-70 at Exit 4B, *Chaplain Rick* 618-610-9131, 618-604-3647

**Rochelle**, Rochelle Travel Plaza, I-39 & Hwy 38, Exit 99, *Chaplain Jay* 815-562-2563

### INDIANA:

**Gary**, Petro, I-80/I-94, Exit 9 (*Ministry inside the truck stop*) *Chaplain Ken* 219-308-9679

**Indianapolis**, Whitestown TA Travel Center, I-65, Exit 130, *Chaplain Ken* 219-308-9679

### MARYLAND:

**Elkton**, TA Travel Center, I-95, Exit 109B, *Chaplains Jim & Tom* 410-392-9496

**Elkton**, Flying J, I-95, Exit 109A, *Chaplain David* 443-907-6310

### MASSACHUSETTS:

**Shrewsbury**, Flynn's Truckstop, US 20 & MA 140, *Chaplains Earl, George & Mark* 508-757-1781

### MICHIGAN:

**Grand Rapids (Byron Center)**, Mobil 76th Street Truck Plaza, Hwy 131, 76th St. Exit, *Chaplain Chad* 616-583-9056

**Holland**, Tulip City Truck Stop, I-196, Exit 49, *Chaplain Mark* 616-405-3008 (*Chapel inside the truckstop*)

### NEBRASKA:

**Omaha**, Sapp Brothers Truck Stop, I-80 & Hwy 50, Exit 440, *Chaplain Dave* 402-891-9306

### NEW JERSEY:

**Bloomsbury**, TA Travel Center, I-78, Exit 7, *Chaplain Dick* 484-226-6338 (*Ministry inside the truck stop*)

### NEW MEXICO:

**Albuquerque**, TA Travel Center, I-40 & I-25, *Chaplain Jerry* 505-290-7240 (*Sunday services in upstairs lounge*)

### NEW YORK:

**Buffalo (Pembroke)**, TA Travel Center, I-90 East, Exit 48A, *Chaplain Jack* 585-599-4167

### NORTH CAROLINA:

**Greensboro**, TA Travel Center, I-85/I-40 & Hwy 61, Exit 138, *Chaplain Tony* 336-399-9799

### OHIO:

**Beaverdam**, Pilot Travel Center, I-75, Exit 135, US 30, *Chaplain Dave* 419-230-3294

**Beaverdam**, Flying J, I-75, Exit 135, US 30, *Chaplain Dave* 419-230-3294

**Lodi**, TA Travel Center, I-76 & I-71 at Rt. 224, Exit 209, *Chaplains Jason & Gary* 330-769-2196

**Toledo**, TA Travel Center, I-280 & Turnpike I-80, Exit 71, Stony Ridge, *Chaplain Wayne* 419-837-5832

### PENNSYLVANIA:

**Frystown**, Flying J, I-78, Exit 10 (PA 645), *Chaplain Jake* 717-269-9441

**Harrisburg (Manada Hill)**, Wilco Travel Plaza, Routes I-81 & 39, Exit 77, *Chaplain Chris* 717-947-8800

### SOUTH CAROLINA:

**Columbia**, Columbia 20 Travel Plaza, I-20, Exit 71, *Chaplains Ted & Clifford* 803-691-4444, 803-413-1725

**Columbia**, Flying J, I-20, Exit 70, (*Services in lounge Sundays*) *Chaplain Ted* 803-691-4444

### SOUTH DAKOTA:

**Sioux Falls**, Flying J Travel Plaza, I-29, Exit 83, *Chaplain Ryan* 712-444-0986

### TENNESSEE:

**Knoxville**, TA Travel Center, I-40 & I-75, Exit 369, *Chaplains Hank & Ronald* 865-690-9449, 423-618-1955

**Nashville**, Antioch TA Travel Center, I-24, Exit 62 (Rt. 171), *Chaplain John* 931-607-0450, *Ralph* 615-278-6802

### TEXAS (both locations: ministry inside the truck stop):

**Houston**, Flying J, US 59 & Hwy 242 (23412 Hwy 242), New Caney, *Chaplain Don* 832-403-5963

**Laredo**, TA Travel Center, I-35 & Beltway Parkway, Laredo, *Chaplain Nicolas* 956-774-5341

### VIRGINIA:

**Wytheville**, TA Travel Center, Exit 72 off I-81, or Exit 41 off I-77, *Chaplain David* 717-557-5256

### WASHINGTON:

**Seattle (North Bend)**, Seattle East TA Travel Center, I-90, Exit 34, North Bend, *Chaplain Tom* 425-888-5258

### WISCONSIN:

**Hudson**, Twin City East TA Travel Center, I-94, Exit 4, *Chaplains Tim & Kevin* 715-386-7207

**Racine**, Highland Petro, I-94, Exit 333 (Hwy 20), *Chaplain Mike* 773-706-7198

## OVERSEAS

**ZAMBIA: Chirundu Border Crossing**, *Chaplain David and Ministry Team* +260198723

**Kazungula Ferry Crossing**, *Chaplain Maybin*

**RUSSIA: Moscow: Kashirka**, *Chaplain Alexander*

**Moscow: Varshavskoye**, *Chaplain Vladimir*

**BRAZIL: Paranaguá Port**, *Chaplain Marcelo & Ministry Team*

# Do You Know Your ABCs?

If you were to die today,  
where would you spend eternity?  
You can know for sure.

**A**DMIT YOU ARE A SINNER. "... as it is written, 'There is none righteous, not even one ... for all have sinned and fall short of the glory of God'" (Romans 3:10, 23).

**B**ELIEVE IN JESUS FOR THE FORGIVENESS OF YOUR SINS AND FOR ETERNAL LIFE. "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him should not perish, but have eternal life" (John 3:16).

**C**ONFESS JESUS AS YOUR SAVIOR AND LORD AND TURN FROM YOUR SINS. "... if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you shall be saved ... for 'Whoever will call upon the name of the Lord will be saved'" (Romans 10:9, 13). "For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord" (Romans 6:23).

## FIND NEW LIFE IN CHRIST

*To give your life to Christ, read the "ABC" Scriptures above and pray the prayer below. Let us know about your decision. We will send you a Bible study designed for truckers.*

Come to Jesus Christ today and trust in Him alone for your salvation. Pray this prayer: "Lord Jesus, I know that I'm a sinner. I believe that You died on the cross and shed Your blood to pay the penalty for my sins. Please forgive me and come into my life. You are my Savior and Lord."

- I now put my trust in Jesus Christ.
- I now rededicate my life to Christ.
- I previously put my trust in Christ and would like a Bible study.

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